

Published Writers of Rossmoor Featured Author for February 2017
- Annegret Ogden

Barbara Kirbach, PWR Publicity Board Member and Featured Authors Coordinator

The Published Writers of Rossmoor (PWR) club selected Annegret Ogden as the February 2017 Featured Author for her insightful book, "I Do What I Like - I Like What I Do: Conversations with Well Aged Friends." The author and the publication of her new book will be acknowledged with photo-displays in the Rossmoor Library.



In the foreword to her 2016 book, on page 1, Annegret expressed how she felt emotionally when she and her husband moved into their Rossmoor apartment, 12 years ago:

"One peek into the Fitness Center, and I said to Dunbar, 'That must be what hell is like.'

A room full of blabby paunches, sagging skin, and sallow faces staring at their TV screens. Sporting baggy sweats and similar comfort garb the men and women look sexless, neutered as each body, tethered to his own machine pumps or straddles, runs or bikes to nowhere.

I'm seventy-two. Old age is far away."

Her new book begins with the wedding of an 80-year-old couple and continues with real life interviews of her long-time as well as new friends. These friendships inspired her to look forward to her

80th birthday, instead of being afraid.

Behind the mask of old age, Annegret says she has discovered their lifelong, positive attitude. Now she has celebrated her 80th at the Waterford, where she continues her mind-opening experiences.

Annegret was born in Germany. She met her American husband, Dunbar, when they were both students at the University of Munich. Annegret left Germany with Dunbar and accompanied him to Berkeley, California.

Now, a University of California retired librarian, she is the author of four books: "The Great American Housewife: From Helpmate to Wage Earner, 1776-1986" (1986); "Frontier Reminiscences of Eveline Brooks Auerbach" (1994); "Made in Germany: (2013); and, "I Do What I Like – I Like What I Do: Conversations with Well Aged Friends" (2016).

In addition, Annegret was the founder of the Kensington Ladies' Erotica Society. Her original stories have been published in three books: "Ladies' Own Erotica Tales, Recipes and Other Mischiefs by Older Women" (1984); "Look Homeward Erotica" (2002); and, "Sex, Death, and Other Distractions" (2004).

All of Annegret's books can be purchased through [Amazon](#). Also, the "I Do What I Like" book is available from the [Arc Light Books](#) website.