

Published Writers of Rossmoor Featured Author for October 2016
- Shoshana Korbin

Barbara Kirbach, PWR Publicity Board Member and Featured
Authors Coordinator

Shoshana Kobrin, who has just published her first work of fiction, "Roots and Wings: Growing Up in Apartheid South Africa," will be the Published Writers of Rossmoor's (PWR) featured author for October 2016. This book is a collection of short-stories. These recollections are factual experiences from Shoshana's former life; she was born in Johannesburg, South Africa, and lived in that country until her mid-forties.



"Roots and Wings" attempts to capture the "essence" of a troubled era in South Africa's history through the eyes of a writer who was a Johannesburg resident and an observer of events others could only experience through the media or by reading this book.

This novel describes, through the book's characters, the manifestation of racial prejudice in a country where this type of human injustice was the accepted social norm. Some readers may be tempted to use Shoshana's book to intellectually understand, possibly for the first time, why there can be obvious similarities between the harsh type of racial prejudice Shoshana described in "Roots and Wings" to similar distasteful forms of racial prejudice that have also occurred in other counties besides

South Africa. All the stories in "Roots and Wings" present a fresh perspective of racial prejudice through coming-of-age characters, and the empathy shown by these characters towards persons of a different race.

Shoshana's first book, "The Satisfied Soul Daily Guidebook: Your Path to Fulfillment," is a how-to journaling workbook. Her other self-help books are: "The Satisfied Soul: Transforming Your Food and Weight Worries", "Love, Anger, Power—and Food!" and "Do No Harm: Transforming Addictions."

Shoshana's latest self-help book, "7 Steps to Positive Connections," will be published soon. This book conveys a theme that resonates in Shoshana's previously published books - connection and fulfillment in all areas of life.

Shoshana's books are available free in the Rossmoor library, or can be purchased as traditional printed-books or e-books from [Amazon](http://amazon.com). Her books are also described on Shoshana's website, <http://shoshanakobrin.net/>.

After earning a Master's degree in literature, Shoshana pioneered a multicultural communications program during apartheid, which subsequently led to a Master's degree in psychology. Today, Shoshana is a practicing psychotherapist, hypnotherapist, and Reiki master teacher and practitioner. Her practice accepts people and their pets. Shoshana also makes professional and community presentations, and conducts workshops. Besides writing, Shoshana's other passions include ceramic figure sculpture, blues piano, choral singing, songwriting, and her miniature poodle, Frankie.