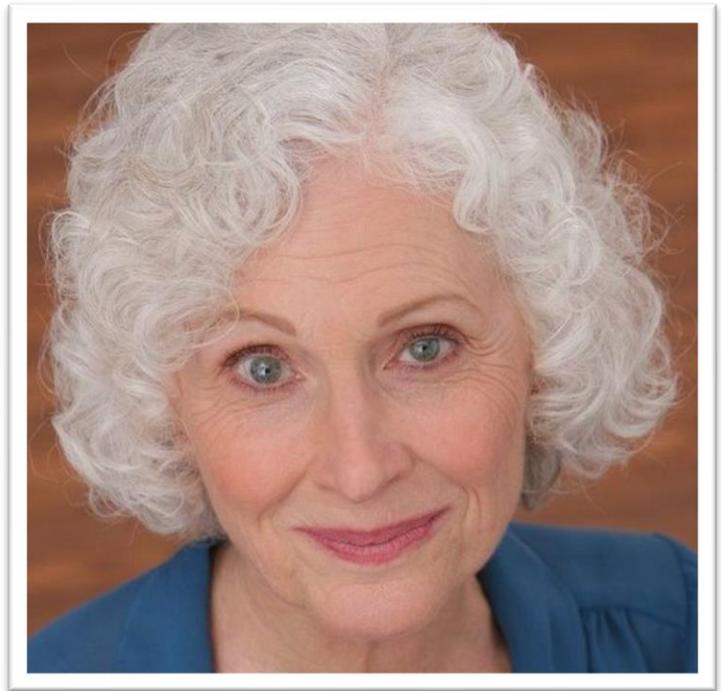


Published Writers of Rossmoor Featured Author for March 2017 -
Lee Gale Gruen

Barbara Kirbach, PWR Publicity Board Member and Featured
Authors Coordinator

The Published Writers of Rossmoor (PWR) club has selected Lee Gale Gruen to be the March 2017 Featured Author based on her 2013 published memoir, "Adventures with Dad: A Father and Daughter's Journey Through a Senior Acting Class." She has also written a screenplay based on this book and has published several articles and short stories. Her work will be on display in the Rossmoor Library throughout March.



Lee Gale recently moved to Rossmoor from her life-time home in Los Angeles, CA.

Following her graduation from UCLA, she had a 37-year career as a probation officer. After her retirement at age 60, she fortuitously enrolled in an acting class for seniors. A few weeks later her mother died, and she invited her grieving, charismatic, 85-year-old father to come to class with her.

In her memoir, Gruen reveals how attending the acting class together with her father for three years became a magical journey with the outcome of a closer father-daughter bond. The

six comedy scenes that she and her father performed together are included in the book, along with Lee Gale's personal recollections about the process of writing and rehearsing them.

Lee Gale says that after retiring, she found her "second act" as a professional actress, author, speaker and blogger. She has appeared in television, film, commercials, theater, print and live-interactive roles. In the last 12 years she has regularly appeared as a patient in UCLA Medical School student training videos. She was also an exercise dancer in the 2011 "Jane Fonda Prime Time: Firm and Burn" DVD. In 2016 Lee Gale was featured in a Super Bowl commercial.

Her transition to becoming an actress in her senior years has been chronicled in "Time Magazine," "The Los Angeles Times," AARP "Life Reimagined" and in Marlo Thomas's 2014 book, "IT AIN'T OVER...TILL IT'S OVER: Reinventing Your Life—and Realizing Your Dreams—Anytime, at Any Age" (*Acting Her Age*, pp. 238-242), which profiled different women who were able to successfully start new careers in retirement.

Lee Gale now blogs and lectures on the theme "Reinventing Yourself in Your Retirement", with the goal of helping Baby Boomers, seniors and other retired persons find renewed joy, excitement and satisfaction in another career.

Her website is [AdventuresWithDadThe Book.com](http://AdventuresWithDadTheBook.com).

Her free blog is at LeeGaleGruen.wordpress.com.