

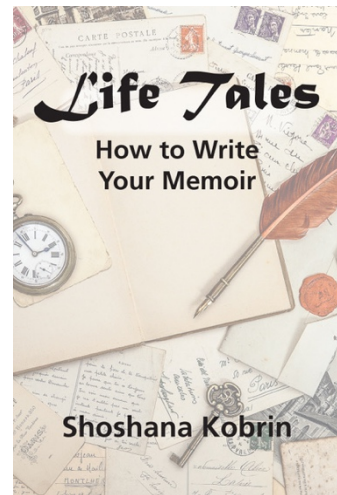
Shoshana Kobrin

PWR's March 2021
Author of the Month

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Shoshana Kobrin is the Author of the Month for the Published Writers of Rossmoor.

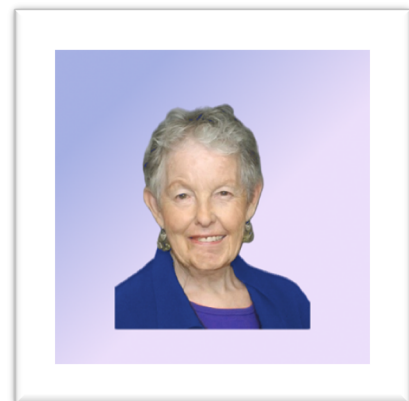
Kobrin's latest book, *Life Tales: How to Write Your Memoir*, was published last year. It offers tools for turning one's life into a unique and heartwarming story. *Life Tales* differs from most books on memoir writing; Kobrin sees the memoir as story – my story, your story. To be engaging, it needs a plot or narrative arc flowing from one scene to another. *Life Tales* shows how to use fictional techniques to transform the account of one's life into a captivating tale. This informative book contains all the elements of memoir writing and includes two mini-memoirs from her collection, *Roots and Wings: Growing Up in Apartheid South Africa*.



Bio

Kobrin was born in South Africa. After a Master's degree in literature at the University of South Africa, her interest in interracial dynamics led to a Master's degree in psychology at John. F. Kennedy University. She became a psychotherapist, a university professor and facilitated workshops and retreats professionally and in the community.

She then moved from psychotherapy to write her first book, a journaling guide. Four self-help books and collections of short stories and poetry followed. A how-to book on memoir writing was next. In progress are books on how to journal and write short stories, novels, poetry, and non-fiction. Kobrin also enjoyed the



fulfilling experience of teaching creative writing to adults. Now she has taken up technology's challenge by creating online and Zoom courses and offering phone and Zoom writing coaching.

Life Tales arose out of a need for a book to accompany Kobrin's workshops on memoir writing. She is now engaged in presenting Zoom workshops on journaling and how to write memoirs, novels, poetry, short stories, and non-fiction. Her mission is to help people fall in love with their writing, ignite their creativity, and learn the steps toward publishing their books.

Kobrin has lived in Rossmoor for 12 years and has been part of PWR since its inception.

Life Tales is available in paperback and Kindle from Amazon and also through Kobrin's website, www.shoshanakobrin.net

Contact her for information about her books, workshops, and newsletter at shoshanakobrin@gmail.com